We began with the SMPL paper:

http://smpl.is.tue.mpg.de/

We then looked at this follow-up paper on expressing body shape using words:

https://ps.is.tuebingen.mpg.de/publications/streuber-siggraph-2016

Finally, we discussed this system for editing motion capture data in an intuitive way:

http://dl.acm.org/citation.cfm?id=2925970